Northern Ireland Children’s Hospice recognises that bereavement support is an integral part of children’s palliative care. As an organisation that provides specialist care to life-limited children, young people and their families, we acknowledge the far-reaching effects that the death of a child or young person has on family members.

**Bereavement support**

We know that each family will have their own individual ways of coping and their needs for support will differ. We offer a flexible bereavement support service which many families find helpful in managing the emotional, social, psychological and spiritual effects of grief.

Bereavement support is offered to all families of children and young people who have received our care. This includes parents, siblings, grandparents and the extended family. We usually offer support to families for up to two years following the death of a child or young person, but this is flexible and will depend on the particular needs and circumstances of each family.

Families are made aware that we offer a bereavement support service. If additional psychological support is required a referral to an appropriate service will be discussed with the person.
Bereavement support is offered in a number of ways. Families will be invited to create a page in memory of their child within our Memory Book. They will also be invited to place a stone with their child’s name in the pool in the Quiet Garden. This pool can be visited by bereaved family members. Families are also invited to our annual Forget Me Not service.

We offer structured opportunities for bereaved family members to discuss their thoughts, fears and concerns through individual, family and group settings. Families are invited to come together to share their experiences, to support and be supported by others who have experienced the death of a child or young person.

**Support for professionals**

We welcome enquiries from professionals about the range of bereavement support that is available. We also offer bereavement support education to other statutory and voluntary organisations.

For more information contact:

Senior Social Work Practitioner  
Northern Ireland Children’s Hospice  
18 O’Neill Road  
Newtownabbey  
BT36 6WB  
T: 028 9077 7635

Charity No. XN45696  
Publication Date: December 2013

Help us to continue caring

Northern Ireland Children’s Hospice relies heavily on the public to raise £2.5 million every year through donations and fundraising events. Every pound that you raise will make a real difference to local children and their families.